

## ABOUT ANDY'S NO. 7

Andy's No. 7 was created by a high school science teacher who also worked as an adjunct biology professor at two college institutions. While conducting research for natural alternatives to anti-fungal medications, cinnamon oil was chosen to be tested due to its potent antibacterial qualities and potent effects when applied to fungi. Also, previous proven experimentation with coconut oil showed that its highly effective moisturizing and protective qualities could be used to combat fungal infections as well. After thorough blend research, 7 cinnamon oil and coconut oil blends were selected for in vitro studies, outperforming over the counter products. The 7th blend was chosen to be developed into a proven potent all-natural cream that not only helps fight fungal ailments but also naturally helps moisturize the skin, ultimately being named Andy's No. 7.

The key ingredients in Andy's No. 7 have shown anti-fungal and antibacterial properties along with effectiveness against specific fungi which have become increasingly resistant to over the counter medications in recent years. The following quotes were taken from medical studies around the world in reference to Andy's No. 7's key ingredients, coconut oil and cinnamon oil:

"The emergence of antimicrobial resistance, coupled with the availability of fewer antifungal agents with fungicidal actions, prompted this present study to characterize *Candida* species in our environment and determine the effectiveness of virgin coconut oil... **Coconut oil should be used in the treatment of fungal infections.**"

*Abstract from a study at the Medical Microbiology Laboratory, University College Hospital, Ibadan, Nigeria.*

"Atopic dermatitis (AD) skin is dry and readily colonized by *Staphylococcus aureus* (SA). Coconut oils are traditionally used to moisturize and treat skin infections. **Virgin Coconut Oil in use against SA, fungi, and viruses may be useful in the proactive treatment of AD colonization.**"

*Abstract from a study from the Skin and Cancer Foundation, Pasig, Philippines.*

**"The essential oil, obtained from Cinnamon leaves, has activity against *Candida*."**

*Abstract from a study from the Federal University of Paraiba, Campus I, João Pessoa, PB, Brazil.*



"The authors were able to establish a correlation between chemical composition and antifungal activity, showing that the strong antifungal activity of the bark and leaf oils of Cinnamon was related to the high levels of cinnamaldehyde and eugenol while high amounts of benzyl benzoate in the leaf oils of were responsible for selective toxicity against dermatophytes."

*Abstract from a study from the Medicinal Plants and Microbiology Research Laboratory, Gulbarga University, Karnataka, India.*



### WHY ANDY'S

Andy's No. 7 can be used to fight fungal strains that cause infections such as dermatophytosis, including:

Trichophyton

Microsporium

Epidermophyton

*Candida*

- Yeast Infections
- Jock Itch

Besides fighting fungi, Andy's No. 7 has natural skin protecting and moisturizing qualities that can aid the skin's healing process.



To learn more about Andy's No. 7, please visit [www.andys7.com](http://www.andys7.com)